



News @ Northport

East Side Alano Club (ESAC) of Madison
EIN 35-2512675

August, 2023

EAST SIDE ALANO CLUB'S MISSION STATEMENT

ESAC'S mission is to maintain facilities for meetings and social gatherings for recovering alcoholics and people of other 12-step recovery programs, their families and friends.

Message from the ESAC Board of Directors to everyone who attends meetings:

The Clubhouse needs your ongoing support through Membership in the Clubhouse, 7th Tradition Meeting donations, and other Donations. Please do what you can to help cover the costs of keeping the Clubhouse doors open for anyone seeking recovery through 12-step programs for many years to come.

Membership is \$15 a month and applications and dues envelopes are available at the Café and outside the Willow Room.

Like everyone else, the Clubhouse is seeing increasing costs for utilities and all the services that are part of keeping the Clubhouse available for all of us. In 2022, Meeting donations covered about 33% of Clubhouse expenses, Memberships covered about 24%, and separate Donations covered about 46.5%. The Clubhouse cannot stay open without everyone's ongoing support.

The Clubhouse and the 12-Step groups that hold meetings at the Club are separate entities, and we need each other to help support those who are seeking recovery.

Caretakers are also needed to help make sure meetings can happen. They help to open and close the Clubhouse, take care of the Café and collections, and help with questions. Training and small stipends are available. People can check with Dave N. or the Caretaker on duty in the Café if they are willing to help with this Club service opportunity or if they have questions. For anyone who is interested in helping, there will also be a Caretaker workshop at the Clubhouse on August 13 from 12:15 – 2:00 pm in the Maple Room on the lower level.

Thank you from your Board of Directors and our thanks to all current members & donors!

IN MEMORY



- Louise B. (Always remembered for her many contributions to ESAC)
- Jan P. (\$2,070 donated to ESAC in Jan's memory)
- Diane L. (\$50 donated to ESAC in Diane's memory)
- Scott H. (75 individuals attended Scott's Celebration of life on July 30th. Scott had asked ESAC to host this gathering while in hospice care)

PROJECT AWARE
Monthly July – November Workshops
All Workshops are held in the Maple Room

Mission: To educate and raise awareness among meeting attendees regarding how the ESAC functions as a Clubhouse and as a venue for 12 Step meetings. The primary purpose being to increase membership, encourage Service work and continue to welcome those who want Recovery.

Sunday July 9, 2023 Entertainment Committee – Host Elli W. Chairperson of the committee
 (NOTE: this workshop is completed – Twelve eager people attended the workshop. We recruited one new club member and several who expressed an interest in helping at the events. Hopefully we'll see more helpers at the Summer picnic on August 6th)

- * Those who serve on the Entertainment Committee gave a brief overview of what they do and what they enjoy doing.
- * Upcoming events and plans were discussed and an "Event Schedule" handed out.
- * All enjoyed the cupcakes baked by Deb N.!

Sunday August 13, 2023 - Caretaker Crew – Host Dave N. Head Caretaker
 12:15 p.m. – 2:00 p.m.

- * What is the purpose of a Caretaker position?
- * Those Caretakers who serve will give a brief overview of what they do and what they enjoy doing.
- * Benefits of Caretaking (with handout).
- * Overview of the MARVELous Café – cash register, supply cabinet, training manual, under counter cabinets, etc.
- * Shadow a Caretaker
- * Questions & Answers

Sunday September 17, 2023: Communication Co-Hosts Sandy A. & Natalie H.
 12:15 p.m. – 2:00 p.m.

- * Description of BOD Secretary Position as delineated in the club By-Laws
- * Review of volunteer opportunities in communications, e.g., newsletter, membership records, website, Facebook, bulletin board maintenance
- * Questions & Answers

Sunday, October 2, 2023: Financial – Host Judy McK.
 12:15 p.m. – 2:00 p.m.

- * Where does money come from, where does it go
- * Explanation of daily tracking of monies, weekly deposits, etc.
- * Monthly expenses, planned and unexpected
- * Questions & Answers

Saturday, November 4, 2023: Town Hall - Host Collin E.
 11:30 p.m. – 1:00 p.m.

- * Share your questions, thoughts, and suggested priorities for the year ahead for ESAC
- * Questions & Answers

JULY ANNIVERSARIES

(Note: These anniversaries are published for the PREVIOUS month—since the current month anniversaries have not been celebrated as yet)

Congratulations!

<i>Judy R -McK.</i>	<i>7/06</i>	<i>33 years</i>
<i>Deb N.</i>	<i>7/11</i>	<i>17months</i>
<i>Lindsey L.</i>	<i>7/22</i>	<i>15 months</i>
<i>Mindy S.</i>	<i>7/12</i>	<i>10 months</i>
<i>Natalie H.</i>	<i>7/05</i>	<i>8 months</i>
<i>Jerome H.</i>	<i>7/11</i>	<i>6 months</i>
<i>Ryan</i>	<i>7/13</i>	<i>3 months</i>
<i>Ian W.</i>	<i>7/07</i>	<i>2 months</i>
<i>Kathleen S.</i>	<i>7/23</i>	<i>2 months</i>



Upcoming Special Activities/Events—Mark Your Calendars Look for Details on ESAC Club Bulletin Boards AND posted flyers	
Day/Date	<i>“WE ARE NOT A GLUM LOT”</i>
REMINDER: If your group has a special event or gathering send a message to the club e-mail address at: esamadisonwi@gmail.com ATTN: Editor. If you do not provide information, your event will not be published.	
Sunday, August 6th, 2023	ESAC’s annual Summer Picnic—yes it’s another picnic! But a potluck this time with Fun, Food, Fellowship and games... Immediately following the 11:00 a.m. meetings. Join us and please bring a dish to pass.
Sunday, August 13, 2023	Project Aware—Caretaker Workshop 12:15 p.m. to 2:00 p.m. in the Maple Room. Host Dave N. Focus on Why Caretakers?
Sunday, September 17, 2023	Project Aware—Communications Workshop 12:15 p.m. to 2:00 p.m. in the Maple Room—Co-Hosts Sandy A. & Natalie H. Focus on volunteer opportunities in communications, e.g., newsletter, membership records, website, Facebook, bulletin board maintenance
Saturday, September 23rd, 2023	Contemplative Outreach of Madison will present a Centering Prayer introductory Workshop as an 11th Step Practice. This workshop is for all 12-Step people. Enter the following link for information and to register: www.contemplativewisconsin.org/service-page/centering-prayer-an-11th-step-practice-3?referral=service_list_widget
Sunday, October 2, 2023	Project Aware—Financial Workshop 12:15 to 2:00 p.m. in the Maple Room. Host Judy R-McK Focus on money!
Saturday, November 4, 2023	Project Aware—Town Hall Workshop 11:30 a.m. to 1:00 p.m. in the Maple Room. Host Collin E. Focus on sharing YOUR questions, thoughts and priorities for ESAC in the year 2024.

24/7 Helplines ** Websites ** Facebook Pages

- **ESAC Facebook:** www.eastsidealanoclubofmadison
- **ESAC website:** www.eastsidealanoclub.org
- **ESAC email:** [www.esamadisonwi@gmail.com](mailto:esamadisonwi@gmail.com)
- **AA Helpline 24/7:** 608-222-8989
- **AA—Madison Area Intergroup Central Office (M.A.I.C.O.):** www.aamadisonwi.org
- **Al-Anon/Alateen Website:** www.al-anon.org
- **Al-Anon/Alateen Helpline 24/7:** 608.258-0314, to speak with an Al-Anon volunteer,

MEETING SCHEDULE - East Side Alano Club of Madison, Inc., 1017 Northport Dr. 53704

<p>Last Update: August 1, 2023</p>	<p>AA Meetings Key: C=Closed, O=Open, WA=Wheelchair Accessible First Floor=FF, Lower Level=LL Hybrid: a meeting that is in-person and on Zoom at the same time. If the Zoom number is not listed, the meeting is in-person only. Unless indicated, meetings are held in the Maple room – (LL) All First Floor Meeting are Wheelchair Accessible (WA) Hickory Hall – FF</p>	<p>Al-Anon Meetings (All Open) <u>Al-Anon meetings are held in the Willow room, First Floor and are Wheelchair Accessible (WA)</u> Hybrid meetings, (meeting on Zoom and in person at the same time) will meet in the Willow room un-</p>	<p>Other 12 Step Meetings DAA= Drug Addicts Anonymous NA=Narcotics Anonymous 11th Step Practice= "Centering Prayer" See the AA Meetings Key for information that also pertains to "Other 12 Step Meetings"</p>
MONDAY	(O) 10:00 a.m. Discussion	7:30 p.m. 'Parents Meeting' Willow Room, Hybrid-Zoom ID: 245 556 8720 PC: 1017	(C) 7:00 p.m. (DAA) 'Spiritually Lit'
	(O) 5:30 p.m. Discussion New Meeting		
TUESDAY	(O) 10:00 a.m. Discussion	9:30 a.m. 'Simply Marvelous', Willow Room, Hybrid-Zoom ID: 871-307-705 PC: 602451	(O) 7:00 p.m. (11 th Step Practice) 'Centering Prayer' (open to ALL) Hickory Hall Hybrid-Zoom
	(C) 5:30 p.m. Discussion, 'Sisters in Sobriety' (SIS) Women's Meeting, Hickory Hall,		(O) 7:00 p.m. (NA) 'Recovery in Real Life'
WEDNESDAY	(C) 7:00 a.m. 'Early Risers', Hickory Hall		(O) 5:00 p.m. (DAA) Open to all Generic 11th Step Book Study— Starting with "The Power of Now"
	(O) 10:00 a.m. Discussion		(O) 6:00 p.m. (DAA) Big Book Study 'Spiritual Gangsters'
	(C) 5:30 p.m. Discussion, 'AA is for Quitters'		
	(C) 7:00 p.m. Big Book Study 'Clear Cut Directions'		
THURSDAY	(O) 10:00 a.m. Discussion	9:30 a.m. 'Marvelous Al-Anon' Willow Room Zoom ID: 871-307-705 PC: 602451	(C) 7:00 p.m. (DAA) 'Big Book Bitches' Women's Meeting
FRIDAY	(O) 10:00 a.m. Discussion		
	(O) 5:30 p.m. 'Daily Reflections'		
SATURDAY	(C) 8:00 a.m. 'Early Risers', Hickory Hall	10:00 a.m. 'Sunshine Meeting', Willow Room, Hybrid-Zoom ID: 863 8298 4923 PC: 977745	
	(O) 10:00 a.m. 'Daily Reflections'		
SUNDAY	(C) 8:00 a.m. 'Early Risers', Hickory Hall	11:00 a.m. 'Eye Openers', Willow Room, Hybrid-Zoom ID: 875 5943 3020, PC: 575962	
	(C) 11:00 a.m. 'Grapevine Meeting', Hickory Hall		
	(O) 11:00 a.m. 'Newcomer It's YOUR Choice'		