



News @ Northport

East Side Alano Club (ESAC) of Madison
EIN 35-2512675

February, 2023

EAST SIDE ALANO CLUB'S MISSION STATEMENT

ESAC'S mission is to maintain facilities for meetings and social gatherings for recovering alcoholics and people of other 12-step recovery programs, their families and friends.

A Message from our New President of the Board of Directors

Dear ESAC Members,

Looking at the year ahead, we have a lot to be excited about: new meetings, new members, a new meditation space and other improvements and additions to the clubhouse. This is worthy of praise. But this month, I'm also mindful of the many reasons we already have to be grateful.

This is my first month serving as your President. There is so much to learn, and I am thankful for the opportunity to do so. One great privilege of my role is a unique view of how all the spiritual labors of our members and friends add up to something greater than any of us could do on our own. In the past few days, I've seen a plumber, a nurse, a veteran and a carpenter each perform acts of service to the club (just to name a few). While their work remains anonymous to most, its impact will be felt by all.

Even an ordinary month at ESAC is powered by extraordinary service work. The next time you come to a meeting, I invite you to take a moment to appreciate the quiet acts of devotion which keep this place operational, and as the Big Book prompts us, ask yourself: What can you do this day for the person who is still sick?

Yours in service,

Collin



The AmazonSmile customer-directed donation program has permanently shut down on January 30, 2023. If you are an Amazon Prime customer and have named ESAC as your designated charity, you may wish to read the relevant information on the "Amazon Prime Smile" website.

HUMOR IN RECOVERY—September 1978 Grapevine Edition

Perhaps the height of my humility was when I wrote an anonymous story for the Grapevine so that when it was published, I could humbly mention it to my friends!

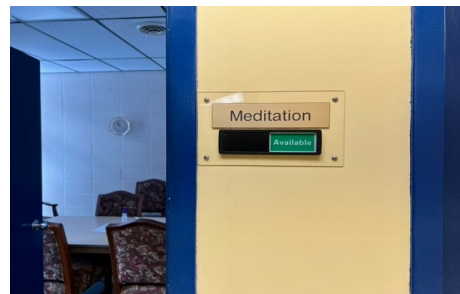
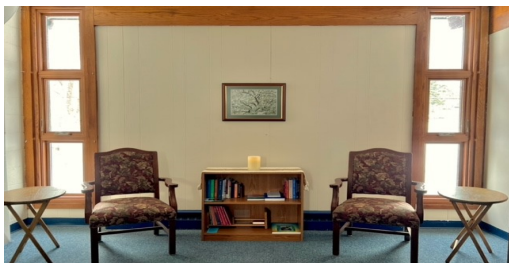
Submitted by: B.P.

MEDITATION ROOM READY TO GO

In the 12 & 12 Bill Wilson says “Prayer & Meditation are our principal means of conscious contact with God”

The East Side Alano Club is a safe environment to meet and share our recovery experience and we are now providing a quiet, safe environment for you to meditate in. The “Oak Room”, which is on the upper floor behind the Willow (Alanon room) is available after February first any time the club is open for single or small groups to do meditation. There are comfortable chairs in the space or bring your own yoga mat or your prayer cushion. We ask that you respect others privacy if the space is occupied. (Currently there are no scheduled meetings in this space.)

On Tuesday evening there is a silent meditation 12 step group that meets at 7pm in Hickory Hall. The session consists of a twenty minute silent meditation and the reading of a book titled “Divine Therapy & Addiction” by Thomas Keating. This book is an interview of Tomas Keating by a long time AA member Tom S. on the 12 steps of AA followed by discussion. Come, check us out on zoom or in person, no experience necessary. Mtg. ID 813 0791 6113 pswd. 822123.



January 7th, 2023—Baby Shower

Hickory Hall looks a little different!

This very special occasion celebrated the upcoming arrival of club member Greg T.’s first Great-Grandchild.

On this occasion 90 attendee’s showed up to celebrate with the family. A GREAT time was had by all!!

We remind you that ESAC is uniquely equipped to provide a venue for events or gatherings of different types.

In addition to our club sponsored events, in keeping with our mission statement which describes facilities providing, in addition to meetings, a space for; ***“...social gatherings for recovering alcoholics and people of other 12-step recovery programs, their families and friends.”***

If interested in scheduling an event, Contact Entertainment Chairperson Elli W. at elliwalleser@gmail.com. Application must be approved by the Board President. Check it out—We are AVAILABLE!



Upcoming Special Activities/Events—Mark Your Calendars Look for Details on

Day/Date	<i>“WE ARE NOT A GLUM LOT”</i>
Thursday, February 16th through Sunday, February 19th	59th International Women’s Conference—Dallas, Texas Venue and Lodgings at the Renaissance Hotel Addison/Dallas See posted flyers for details or check the website at
Saturday, March 25th 2023	Annual Al-Anon Spaghetti Dinner 5:00 p.m. at St. Francis Xavier Catholic Church in Cross Plains. There will be AA and Al-Anon speakers More information will follow when flyers becomes available.
Friday, April 21st through Sunday April 23rd, 2023	34th International Men’s Conference 2023—Washington DC “Keeping the Legacy Alive 2023 and BEYOND” See posted flyers for details or call Ron McKinley at 608-347-4402
NOTE: If your group has a special event or gathering send a message to the club e-mail address at: esamadisonwi@gmail.com ATTN: Editor. If you do not provide information, your event will not be published.	



ANONYMOUS DONATIONS IN MEMORIAM

\$320 in memory of: Florian Donatelli and Bill Connors

\$60.00 in memory of: Sidney Nowland

A special way to remember our friends and/or family

January Anniversaries



Gene M.	1/21	50 years	Mat R.	1/8	8 months
Al S.	1/8	37 years	Mindy	1/12	4 months
Darryl B.	1/8	37 years	Natalie H.	1/5	2 months
John P.	1/16	17 years	Pat K.	1/16	2 months
Chris B.	1/1	12 years			

One Day at a Time

24/7 Helplines ** Websites ** Facebook Pages

- **ESAC Facebook:** www.eastsidealanoclubofmadison
- **ESAC website:** www.eastsidealanoclub.org
- **ESAC email:** [www.esamadisonwi@gmail.com](mailto:esamadisonwi@gmail.com)
- **AA Helpline 24/7:** 608-222-8989
- **AA—Madison Area Intergroup Central Office (M.A.I.C.O.):** www.aamadisonwi.org
- **Al-Anon/Alateen Website:** www.al-anon.org
- **Al-Anon/Alateen Helpline 24/7:** 608.258-0314, to speak with an Al-Anon volunteer, or email: alanonmadisonwi@gmail.com.
- **Narcotics Anonymous Helpline 24/7** 608-258-1747 or Website www.badgerlandna.org

MEETING SCHEDULE
East Side Alano Club of Madison, Inc., 1017 Northport Dr. 53704

Updated: February 1, 2023	AA Meetings Key: C=Closed, O=Open, WA=Wheelchair Accessible First Floor=FF, Lower Level=LL Hybrid: a meeting that is in-person and on Zoom at the same time. If Zoom number is not listed meeting is in-person only. Unless indicated, meetings are held in the Maple room – (LL) All First Floor Meeting are Wheelchair Accessible (WA)	Al-Anon Meetings (All Open) Willow Room – Al-Anon room, First Floor All Al-Anon meetings are Wheelchair Accessible (WA) Most hybrid meetings meet in the Willow Room (Al-Anon room) See each meeting for hybrid location	Other 12 Step Meetings Key: DAA= Drug Addicts Anonymous 11th Step Practice “Centering Prayer” See the AA Meetings Key for information that also pertains to “Other 12 Step Meetings”
MONDAY	(O) 10:00 a.m. Discussion	7:30 p.m. Parents Meeting Willow Room Hybrid - Zoom ID: 245 556 8720 PC: 1017	(C) 7:00 p.m. Spiritually Lit (DAA)
TUESDAY	(O) 10:00 a.m. Discussion (C) 5:30 p.m. Sisters in Sobriety (SIS) Women’s Meeting, Hickory Hall Hybrid – Zoom ID: 245 556 8720 PC: 1017	9:30 a.m. Simply Marvelous, Willow Room, Hybrid-Zoom ID: 871-307-705 PC: 602451	(O) 7:00 p.m. Centering Prayer 11 th Step Practice (open to ALL) Hickory Hall Hybrid-Zoom ID: 813 0791 6113
WEDNESDAY	(C) 7:00 a.m. Early Risers, Hickory Hall (O) 10:00 a.m. Discussion (C) 5:30 p.m. Discussion, AA is for Quitters (C) 7:00 p.m. Clear Cut Directions Big Book Study		(O) 12:00 p.m. Spiritual Gangsters-Big Book Study (DAA)
THURSDAY	(O) 10:00 a.m. Discussion	9:30 a.m. Marvelous Al-Anon Willow Room Hybrid-Zoom ID: 871-307-705 PC: 602451	
FRIDAY	(O) 10:00 a.m. Discussion (C) 5:30 p.m. Daily Reflections		
SATURDAY	(C) 8:00 a.m. Early Risers, Hickory Hall (O) 10:00 a.m. Daily Reflections	10:00 a.m. Sunshine Meeting, Willow Room, Hybrid Zoom ID: 863 8298 4923 PC: 977745	
SUNDAY	(C) 8:00 a.m. Early Risers, Hickory Hall (C) 11:00 a.m. Grapevine Mtg, Hickory Hall (O) 11:00 a.m. Newcomer Mtg, It’s YOUR Choice	11:00 a.m. Eye Openers, Willow Room, Hybrid Zoom ID: 875 5943 3020, PC: 575962	