



News @ Northport

East Side Alano Club (ESAC) of Madison
EIN 35-2512675

August, 2022

EAST SIDE ALANO CLUB'S MISSION STATEMENT

ESAC'S mission is to maintain facilities for meetings and social gatherings for recovering alcoholics and people of other 12-step recovery programs, their families and friends.

SPECIAL NOTICE

In mid to late August the ESAC parking lot will be closed for two days to allow sealcoating and re-striping of the lot.

Meeting attendees will have to find on street parking on those two days.

When we have confirmed dates we will send out a notice so that you may plan accordingly.

As always, we appreciate your cooperation.

A Special Thanks from Kathy B.—Sponsor of 2022 Ice-Cream Social



My THANKS to all who attended the Ice Cream Social at Northport on July 10th. The weather was certainly on our side and the fun and fellowship was a blessing for all.

Special thank you to Brit S. for bringing the fresh strawberries for a special topping on the ice cream. And to Russ B. for all his help making this event happen.

It appeared to be a great get together of folks who enjoy one another's company and a great chance to be together in person once again. I feel blessed to have this chance to share with friends.

***NEEDED ideas about HOW TO ENCOURAGE OUR FOLKS TO GET INTO SERVICE!
We NEED Caretakers!***

Please forward your ideas to our club email address at:

esamadisonwi@gmail.com

11th Annual PAASTOCK A SOBER MUSIC FESTIVAL

August 5th—7th

PAASTOCK is a 3 day rustic, sober, music and camping festival. The festival grounds are located in Central Illinois, at 2457 County Rd 1625 E, Bradford, IL 61421

Everything about PAASTOCK revolves around recovery. The purpose of this festival is to show that being sober is awesome. We hope that PAASTOCK will inspire attendees to get involved in the fellowship and view other sober events through a new perspective.

In addition ***to meetings every hour and speakers on Friday and Saturday night*** there are a multitude of other activities to do throughout the day and into the night.

Feeling hot? Take a ride down our huge slip and slide! - Want to get competitive? - Round up some friends and get down on some volleyball! - Bring your own camping gear and set up camp on our grounds.— Have no fear, fresh drinking water will be here.

We have 2 stages at PAASTOCK dedicated to live performances around the clock.

Come to PAASTOCK to make new lifelong friends and experience an event that will change your life.

Questions call: 1-630-740-0479



July Anniversaries

Mary 7/31 One Year

One Day at a Time!

Something isn't a "Best Kept Secret" until you find out what it is. The practice of centering prayer as an 11th step practice is not a secret. It meshes with the 12 steps in a way no other meditative practice does.

A group meets in Hickory Hall every Tuesday at 7:00 pm in person and hybrid. All are welcome whether you've done it before or just want to find out the "secret". Together with the program it changes lives.

An introductory workshop for 12-step people will be held on zoom Saturday, September 10 from 8:00 am to 12:30 pm. This workshop is for people of no organized religion or any religion what-so-ever. To register enter this address in your search engine:

contemplativeoutreachwisconsin.org and click on the events tab

Upcoming Special Activities/Events—Mark Your Calendars Look for Details on ESAC Club Bulletin Boards and Announcement Folders

Day/Date	<i>“WE ARE NOT A GLUM LOT”</i>
Sunday August 7, 2022	Annual Summer Picnic 12:30 p.m.—2:30 p.m. Chef Dave N. will be grilling in the parking lot. Watch this space for more details.
Saturday August 20, 2022	MAICO Rep’s Picnic 8:00 a.m.—5:00 p.m at Warner Park 2930 N. Sherman Avenue, Madison, WI
Saturday, September 10, 2022	A Centering Prayer Introductory Workshop for 12-Step people will be held as a zoom meeting from 8:00 am to 12:30 pm. If you don’t have a meditative practice or are looking for one that works for you, check this out. To register enter this address in your search engine: contemplativeoutreachwisconsin.org and click on the events tab.
October 21 thru October 23, 2022—See posted flyers for details	ACCEPTANCE...A New Way of Living Al-Anon/Alateen Convention with AA participation. At Chula Vista Resort & Waterpark, Wisconsin Dells, Wisconsin. SPECIAL NOTE: AMIAS [Al Anon Member in Alateen Service] Training will be available!

NOTE: If your group has a special event coming up please leave a message with the Caretaker who will forward it to the Editor. Or send a message to the club e-mail address at: esamadisonwi@gmail.com.

If you do not provide information, your event will not be published.

Been to jail? - Perfect.. Never been to jail? - Perfect.. Willing to carry the message? - Perfect

Corrections Committee needs volunteers to carry the message into local institutions. This is a GREAT opportunity to carry the message.

If interested, contact Margaret at maroneymargaret@att.net

24/7 Helplines ** Websites ** Facebook Pages

- ESAC Facebook: [eastsidealanoclubofmadison](https://www.facebook.com/eastsidealanoclubofmadison)
- ESAC website: esamadisonwi.org
- ESAC email: esamadisonwi@gmail.com
- AA Helpline 24/7: 608-222-8989
- AA—Madison Area Intergroup Central Office (M.A.I.C.O.): www.aamadisonwi.org
- Al-Anon/Alateen Website: www.al-anon.org

MEETING SCHEDULE

East Side Alano Club of Madison, Inc., 1017 Northport Dr. 53704

Last Update: August 1 2002	AA Meetings Key: C=Closed, O=Open, WA=Wheelchair Accessible First Floor=FF, Lower Level=LL Hybrid: a meeting that is in-person and on Zoom at the same time. If Zoom number is not listed meeting is in-person only Unless indicated, meetings are held in the Maple room – (LL) All Hybrid will be held in Hickory Hall, and all are (WA) (FF) All First Floor Meeting are Wheelchair Accessible (WA)	Al-Anon Meetings (All Open) Willow Room – Al-Anon room, First Floor All Al-Anon meetings are Wheelchair Accessible (WA) Most hybrid meetings meet in the Willow Room (Al-Anon room) See each meeting for hybrid location	Other 12 Step Meetings Key: DAA= Drug Addicts Anonymous 11 th Step Practice 'Centering Prayer' See the AA Meetings Key for information that also pertains to "Other 12 Step Meetings"
MONDAY	(O) 10:00 a.m. Discussion	7:30 p.m. Parents Meeting Willow Room Hybrid - Zoom ID: 245 556 8720 PC: 1017	(C) 7:00 p.m. Spiritually Lit (DAA)
TUESDAY	(O) 10:00 a.m. Discussion (C) 5:30 p.m. Sisters in Sobriety (SIS) Women's Meeting Hybrid – Zoom ID: 245 556 8720 PC: 1017	9:30 a.m. Simply Marvelous	(O) 7:00 p.m. Centering Prayer – 11 th Step Practice Hickory Hall (open to ALL)
WEDNESDAY	(O) 10:00 a.m. Discussion (C) 5:30 p.m. Discussion (C) 7:00 p.m. Clear Cut Directions Big Book Study		(O) 12:00 p.m. Spiritual Gangsters (DAA)
THURSDAY	(O) 10:00 a.m. Discussion	9:30 a.m. Marvelous Al-Anon	
FRIDAY	(O) 10:00 a.m. Discussion (O) 5:30 p.m. Daily Reflections		
SATURDAY	(O) 10:00 a.m. Daily Reflections	10:00 a.m. Sunshine Meeting Willow Room Hybrid Zoom ID: 863 8298 4923 PC: 977745	
SUNDAY	(C) 11:00 a.m. Grapevine Meeting	11:00 a.m. Eye Openers Hybrid Zoom ID: 875 5943 3020, PC: 575962 This hybrid meeting convenes in Hickory Hall	

"I WAS ALWAYS THE BLACK SHEEP. THEN I STARTED GOING TO RECOVERY MEETINGS— AND FOUND THE REST OF MY HERD"

How many members of Alcoholics Anonymous does it take to change a light bulb?

Only one, but the bulb has to want to change.