



# News @ Northport

East Side Alano Club (ESAC) of Madison  
EIN 35-2512675

September, 2021

## EAST SIDE ALANO CLUB'S MISSION STATEMENT

ESAC'S mission is to maintain facilities for meetings and social gatherings for recovering alcoholics and people of other 12-step recovery programs, their families and friends.

This mandate from Public Health Madison/Dane County became effective August 19, 2021.

“To prevent the spread of COVID-19 or the highly contagious Delta Variant, it is critically important to: get vaccinated if you are eligible. All people aged 12 and older are able to receive the COVID-19 vaccine. Find a site or pop-up clinic to get vaccinated. Face Coverings are required among people ages two and older when in any enclosed space open to the public where other people, except for members of the person's own household or living unit are present.”

ESAC is compliant with the Mandate. Masks are required for everyone inside the clubhouse.

Further, meetings do not have an option to take a group conscience as to whether or not to wear a mask.

Those people who refuse to wear a mask will be asked to leave the building.

## Saturday Night Gathering

Labor Day weekend—if you don't have any plans for Saturday night, September 4th... Come on down to the East Side Alano Club at 7:00 p.m. Dave N. will be your host for this kick-off to 'the other Saturday nights'.

On the 1st, 3rd, 4th and 5th Saturday's of each month, there will be a gathering at 7:00 p.m. Open to **All** who have a desire to recover from any addiction. We'll have a different format at each meeting and a different host or host group. So, the doors will be open and we look forward to 'gathering' with you! And stay tuned for further information.

Board of Directors Meetings are held on the second Wednesday of each month. The next monthly meeting is September 8, 2021 at 6:30 p.m. The Board will be meeting in person in the Cedar Room. Lower level—at the end of the back hallway.

***CELEBRATE RECOVERY***  
***AUGUST***  
***ANNIVERSARIES***

<b>LOUISE B.</b>	<b>8/28</b>	<b>34 YEARS</b>
<b>KELLY M.</b>	<b>8/20</b>	<b>14 YEARS</b>
<b>ADRIA P.</b>	<b>8/25</b>	<b>2 YEARS</b>
<b>BRANDI S.</b>	<b>8/20</b>	<b>1 YEAR</b>
<b>SARA DE F.</b>	<b>8/20</b>	<b>1 YEAR</b>

***ONE DAY AT A TIME—CONGRATS!***

***NEW CLUB MEMBER(S) &***  
***CARETAKERS***

<b>COLLIN E.</b>	<b>BELLA W.</b>
<b>VAL S.</b>	<b>KEVIN K.</b>

***RENEWING CLUB MEMBERSHIP***  
***VIG K.***

***NEW AL-ANON MEMBER***  
***CURT P***

**ESAC SUMMER PICNIC—POSTPONED TIL OCTOBER (Watch for details)**  
**FOOD—FUN—FELLOWSHIP**

**ESAC 1017 Northport Dr., Madison 12:30 p.m. until the food runs out!**  
**Brats, Burgers and Buns Provided—Please bring a dish to pass.**

- 24/7 Helplines \*\* Websites \*\* Facebook Pages**
- ESAC Facebook: eastsidealanoclubofmadison
  - ESAC website: esamadisonwi.org
  - ESAC email: [esamadisonwi@gmail.com](mailto:esamadisonwi@gmail.com)
  - AA Helpline 24/7: 608-222-8989
  - AA—Madison Area Intergroup Central Office (M.A.I.C.O.): [www.aamadisonwi.org](http://www.aamadisonwi.org)
  - Al-Anon/Alateen Website: [www.al-anon.org](http://www.al-anon.org)
  - Al-Anon/Alateen Helpline 24/7: 608.258-0314, to speak with an Al-Anon volunteer, or email: [alanonmadisonwi@gmail.com](mailto:alanonmadisonwi@gmail.com).

**Saturday Night Live—September Speaker Schedule 7:00 p.m.**  
**Zoom at Meeting ID 846 1602 9004 Passcode 456123**  
**On September 11, 2021 Attend in-person at**  
**1017 Northport Drive in Hickory Hall Or attend via Zoom**

09/04/21:	AA Speaker:	Amy B. from 'The Way Out Group'
09/11/21: (In-Person & Zoom)	AA Speaker:	TBD
09/18/21:	AA Speaker:	Jan M. from Salt Lake City
09/25/21:	AA Speaker:	TBD
	Al-Anon Speaker:	Laurie A.

### **Contemplative Outreach of Madison will present Centering Prayer as an 11th Step Practice**

An Introductory Workshop along with a presentation on The Human Condition by zoom and in person at East Side Alano Club, Saturday, October 9, 8am to 12:30pm. To help become established in the practice there will be four continuing sessions (by Zoom only) Saturdays, October 16, 23, 30, and November 6 from 9:00 to 10:00am.

The Human Condition is one of the topics to be presented at the Workshop. Briefly, the Human Condition is how we develop from infancy as we seek to find happiness in ways that just don't work, e.g. security—when I have this amount of money or a new house, I will be happy, if everyone likes me, I will be happy, if I control things just the way I want them to be, I'll be happy. We become so focused on doing these things to meet our instinctual needs, that they become the focus of our lives.

Enter Centering Prayer as a daily practice which addresses this reality and helps us develop emotional sobriety and genuine happiness. This practice meshes with the 12 steps and takes us into conscious contact with our higher power that allows for healing and wholeness.

**Questions may be sent to: [centeringprayermadison@gmail.com](mailto:centeringprayermadison@gmail.com)  
Registration for the workshop can be made at: [COSEW.org](http://COSEW.org)**

### **Upcoming Events—October**

#### **Centering Prayer as an 11th Step Practice Workshop**

**Saturday, October 9, 2021: ESAC in Hickory Hall  
1017 Northport Drive, Madison  
7:30 a.m.—1:00 p.**

**Hosting Group: Contemplative Outreach of Madison**

**Area 61—Wisconsin & the UP of Michigan (WIUPMI)  
Al-Anon/Alateen Convention (with AA participation and 2021  
Midlake Conference)**

**Chula Vista Resort & Waterpark—Wisconsin Dells, WI  
Friday, October 29 through Sunday, October 31, 2021  
Meetings, Saturday Banquet & Entertainment, Panels, Speakers  
Sunday Breakfast Buffet, Literature for purchase and Basket Raffle**

**Please see flyers and detailed information on the ESAC Club  
bulletin boards and meeting baskets**

## MEETING SCHEDULE – East Side Alano Club of Madison, Inc.

	<b>AA Meetings</b> (Unless indicated, meetings are held in the Maple room) All Hybrid will be held in Hickory Hall Key: C=Closed, O=Open, WA=Wheelchair Accessible Hybrid: a meeting that is in-person and on Zoom at the same time. If Zoom number is not listed meeting is in-person only See room names with locations below	<b>Al-Anon Meetings (All Open)</b> (Willow Room – Al-Anon room, First Floor) All Al-Anon meetings are Wheelchair Accessible	<b>Other 12 Step Meetings</b> Key: HA=Heroin Anonymous CMA=Crystal Meth Anonymous DAA= Drug Addicts Anonymous
<b>MONDAY</b>	(O) 10:00 a.m. Discussion	7:30 p.m. Parents Meeting – Hybrid – Zoom ID: 245 556 8720 PC: 1017	(C) 7:00 p.m. Spiritually Lit – (DAA)
	(C) 5:30 p.m. Keys of the Kingdom - Discussion		
<b>TUESDAY</b>	(C) 10:00 a.m. Precisely How We Recovered Big Book Study	9:30 a.m. Simply Marvelous	(O) 7:00 p.m. Trudging Junkies Meeting – HA Hybrid Zoom ID: 522 762 9475 PC: 803569 – WA
	(C) 5:30 p.m. Sisters in Sobriety (SIS) Women’s Meeting- WA – Hybrid – Zoom ID: 245 556 8720 PC: 1017		
<b>WEDNESDAY</b>	(O) 10:00 a.m. Discussion		(O) 12:00 p.m. Spiritual Gangsters-Big Book Study – DAA Hybrid Zoom ID: 868 3890 1040 PC: NotAlone WA
	(C) 5:30 p.m. Discussion		
	(C) 7:00 p.m. Clear Cut Directions Big Book Study		
<b>THURSDAY</b>	(C) 10:00 a.m. Precisely How We Recovered Big Book Study	9:30 a.m. Marvelous Al-Anon	(O) 7:00 p.m. Right Side of the Tracks Meeting – HA Hybrid Zoom ID: 522 762 9475 PC: 803569 – WA
	(O) 10:00 a.m. Discussion		
<b>FRIDAY</b>	(O) 5:30 p.m. Daily Reflections		(O) 7:00 p.m. Finally Seeing Crystal Clear (CMA) Hybrid Zoom ID: 868 3890 1040 PC: NotAlone – WA
	(O) 10:00 a.m. Discussion		
<b>SATURDAY</b>	(O) 7:00 p.m. Saturday Night Live-Speaker Meeting Hybrid 2 <sup>nd</sup> Saturday only. Weeks 1, 3, 4, & 5 Zoom only Zoom ID: 846 1602 9004 PC: 456123 – WA	10:00 a.m. Sunshine Meeting Hybrid Zoom ID: 863 8298 4923, PC: 977745 - WA	
<b>SUNDAY</b>	(C) 11:00 a.m. Grapevine Meeting	11:00 a.m. Eye Openers Hybrid Zoom ID: 875 5943 3020, PC: 575962 This hybrid meeting will meet in the Willow or Oak Rooms WA	
	(O) 5:30 p.m. Discussion		

Closed AA meetings are for A.A. members only, or for those who "have a desire to stop drinking."

Open AA meetings are available to anyone interested in Alcoholics Anonymous' program of recovery from alcoholism. Non-alcoholics may attend open meetings as observers.

### Meeting Room Names and Locations

Maple Room – Large room, Lower-Level

Birch Room – Larger back room, Lower-Level

Hickory Hall – Large room (Chapel), First floor-WA

Oak Room – Back room, First floor-WA

Willow Room – Al-Anon room, First floor-WA

Please send updates to: [esamadison@email.com](mailto:esamadison@email.com)

Last update: August 2, 2021